

6 TIPS FOR DEVELOPING GROWTH MINDSET

Tip 1

Setting Learning-Focused Goal

Encourage goals that prioritise mastering new concepts and skills rather than chasing grades or external rewards.

Tip 2

Providing Clear, Actionable Feedback & Praise

Break down progress into manageable steps that show how small, consistent effort leads to visible improvement.

Tip 3

Promoting Collaboration

Break down progress into manageable steps that show how small, consistent effort leads to visible improvement.

Tip 4

Emphasise Abilities Are Changeable

Emphasise that qualities like intelligence can be developed with time, practice, and learning strategies.



Tip 5

Using Constructive Feedback & Praise

Highlight effort, persistence, and the value of learning from mistakes.

Tip 6

Sharing Real Stories of Success Through Struggle

Use examples of individuals who achieved success by embracing failure and valuing the process.



LEARN MORE AT
WWW.COFFEEANDTHEORY.COM

COFFEE & THEORY